



Human Foods

Your kitty may beg when you sit down to eat (or try to steal some bites when you're not looking), but some human foods are poisonous for them:

- Alcohol
- Avocado
- Caffeine (coffee, soda, tea)
- Cherries
- Chives
- Citrus
- Chocolate
- Coconut and coconut Oil
- Fruit with pits
- Garlic
- Grapes
- Macadamia Nuts
- Milk and Dairy
- Mushrooms

- Nutmeg
- Nuts
- Onions
- Raisins
- Raw/Undercooked Meat, Eggs and Bones
- Rhubarb
- Salt and salty Snack foods
- Xylitol (found in sugarless gums, candies, toothpastes)
- Yeast dough

Indoor and Outdoor Plants

Common houseplants are hazardous to your cat's health:

- Aloe
- Azalea
- Chrysanthemum
- Hyacinths
- Lily
- Marijuana
- Mistletoe
- Poinsettia
- Rhododendron
- Tulip

See all Toxic and non-toxic plants list for cats:

<https://www.aspca.org/pet-care/animal-poison-control/cats-plant-list>